

STRAWBERRIES

Pick-Your-Own & Pre-Picked

We are open early-June through early-July
for Pick Your Own Strawberries!

715-294-3742

Picking Line – Updates & Information

Please call or check the website for current
picking conditions and updated weather
information before arriving.

During strawberry picking season,

We are open 7 days a week (Mon – Sun)

Specific dates contingent on berry readiness.

Open daily at 8:00

(Until picked out and weather permitting)

We provide berry boxes for picking at no extra
charge. It's helpful, and earth friendly, if you bring
your own containers when you pick strawberries.

We recommend you bring a water bottle and
sunscreen and bug spray.

Pre-Picked berries are also available. Call the
picking line 715-294-3742 or stop by to place an
order! It is unusual that large quantities of berries
are immediately available. This is because we
want you to have the freshest possible fruit, and
strawberries keep best on the vine.

Please call 715-294-3742 or check the website for
current picking conditions and updated weather
information before arriving.

Community Supported Agriculture

Your connection with your food & the land

Community Supported Agriculture (CSA) is a cooperative agreement between the producer (us) and the end consumer (you). CSA members purchase annual shares of production at the start of the year, which cover the anticipated costs of farm operation for the season and a living wage for the farmer. In return, members receive a box of garden fresh produce each week throughout the summer. All of the food you receive will be grown on our farm. We respect the health and nutritional value of our food. Each crop is harvested and carefully packed for you and your family.

CSA membership gives you the choice to put your food dollars directly in the hands of a local family farm. This creates a guaranteed market for the fresh food we grow; and in turn the chance for you to reconnect to the land, and get to know the farmers who grow *your* food. CSA members share in the bounties as well as the risks of food production, including poor harvest due to unfavorable weather or pests. We invite you to join us in the pleasure of eating with the seasons!

*DELIVERY INFORMATION

We encourage on farm pick up, as this gets you TO THE FARM, gives you the opportunity to pick up fresh eggs & honey; as well as walk through the gardens and fields. We understand that this is not an available option for everyone. We do our best to find community drop sites in close proximity to a group of members. Delivery sites will be set up as we organize members. Anticipated drop sites are Maplewood, Forest Lake, and Lindstrom. You can pick up your share on the farm THURSDAY from 12-7 pm.

You will be asked to transfer all produce into your own bags. Share boxes can't be taken home. This helps us control cost, and you don't have to remember to return them.



Asparagus

Strawberries

Pick-Your-Own & Pre-Picked

CSA Shares

Community Supported Agriculture

Fresh Eggs & Local Honey

Lorin & Jen Demulling

466 – 240th Street

Osceola, WI 54020

www.demullingfarms.com

jen@demullingfarms.com

715-294-3742



When You Become a Member at Demulling Farms:

You Know What you are Eating: People who eat locally find it easier to get answers to questions they have about food production. You have the opportunity to build relationships with the farmers, as well as see the fields where we grow your food. Knowing part of the story about your food is a powerful part of enjoying a meal.

You Taste the Difference! Produce you receive each week has been picked within the last 24 hours, which affects the taste and the nutritional value. We allow it to ripen in its natural environment. We are able to grow varieties that you would not see in a supermarket, because close-to-home foods are bred for taste, rather than withstanding the abuse of shipping and industrial harvesting.

You Recognize the Flavors of the Seasons: When you eat local food, you are eating foods when they are at the peak taste and when they are most abundant.

You Support Responsible Land Use: On our farm, we do not use pesticides or herbicides that are harmful to you or the environment. We rotate the planting of fields, using cover crops to keep the soil on our land, and then as green manure. When you support local farms, you give those with open space – farms and pastures- an economic reason to stay open and undeveloped.

You Do More for the Local Economy: A dollar spent locally is reinvested in the community and generates twice as much income for the local economy.

Full - Summer Share **\$435**
 The full summer share is a *WEEKLY* box of produce. You will receive a ¾ bushel box for 15 weeks of the summer, starting at the end of June.

Half - Summer Share **\$250**
 The half summer share is a box *EVERY OTHER WEEK*. You will receive a ¾ bushel box for 8 weeks of the summer, beginning at the end of June.

Spring Share* **\$200**
 The spring share gives you the chance to enjoy the first harvest after a long winter. Your share includes 8 – 10 lbs. of fresh asparagus, 25 lbs. of strawberries, as well as rhubarb, herbs and spring salad greens. The season starts when the asparagus appears, we will call you with the good news!

**This share is only available in addition to either of the shares listed above. Sorry, it is not available as an individual share.*

What can you expect in you CSA Share?

- | | |
|----------------------------|----------------|
| String Beans | Beets |
| Cabbage | Cauliflower |
| Cantaloupe | Sweet Corn |
| Eggplant | Salad Greens |
| Herbs | Kale |
| Peas | Shallots |
| Onions | Turnips |
| Rutabaga | Spinach |
| Edible Soy Beans (edamame) | |
| Tomatoes | Watermelon |
| Zucchini | Winter Squash |
| Cucumbers | Broccoli |
| Carrots | Kohlrabi |
| Fall Lettuce | Spring Lettuce |
| Potatoes | Radish |

SIGN-UP FORM

Name: _____

(We will use your last name to identify your share)

Address: _____

Phone: _____

Cell or back up # _____

E-Mail Address: _____

(If sharing a membership, please provide us with contact information for each family.)

Circle your choice(s):

Full Summer Share.....\$435

Half Summer Share.....\$250

Spring Share.....\$200

Delivery.....\$20 (Half Share) \$40 (Full Share)

**Please see reverse side for delivery details*

On farm pick up.....No Charge

TOTAL DUE:..... \$ _____

Please include a minimum payment of \$50 to hold your membership. Memberships are sold on a first come first serve basis. Thank you!

Payment Options:

1. **Pay in Full** – Appreciated!
2. **2 Payments** - Enclose two checks with sign up form. Date one for today, and one for June 1, 2011.

Make checks payable to: Demulling Farms

Mail to: Demulling Farms
 466 – 240th Street
 Osceola, WI 54020